

MENTAL HEALTH AND DISABILITY SERVICES COMMISSION

July 18, 2019 - 9:30 am to 12:30 pm
Polk County River Place – Room 2
2309 Euclid Ave, Des Moines, Iowa
MEETING MINUTES

MHDS COMMISSION MEMBERS PRESENT:

Thomas Bouska
Thomas Broeker
Dennis Bush
Teresa Daubitz
Jody Eaton
Kathryn Johnson
Geoffrey Lauer (phone)
Shari O'Bannon
John Parmeter

Maria Sorensen
Cory Turner
Richard Whitaker (phone)
Russell Wood (phone)
Lorrie Young

MHDS COMMISSION MEMBERS ABSENT:

Senator Jeff Edler
Senator Pam Jochum
Representative Joel Fry
Representative Scott Ourth

OTHER ATTENDEES:

Jess Benson	Legislative Services Agency
Julie Gibbon	Polk County Health Services
John Hedgecoth	Amerigroup
Jan Heikes	MHDS, Community Services & Planning
Kim Kelcher	Plains Area Community Mental Health Center
Brooke Lovelace	DD Council
Julie Maas	MHDS, Community Services & Planning
Flora Schmidt	Iowa Behavioral Health Association
Adrienne Seusy	Legislative Services Agency
Rick Shults	MHDS, Division Administrator
Shane Walter	Sioux Rivers MHDS

Welcome and Call to Order

John Parmeter called the meeting to order at 9:32 am and led introductions. Quorum was established with eleven members present and two participating by phone. No conflicts of interest were identified.

Approval of Minutes

Tom Broeker made a motion to approve the June 20 meeting minutes. Richard Whitaker seconded the motion. The motion passed unanimously.

Sioux Rivers MHDS Policies and Procedures Amendment

Jan Heikes from MHDS and Shane Walter Sioux Rivers MHDS CEO, presented Sioux Rivers' amended policies and procedures. Jan said the changes were approved at the June 25th

Regional Board meeting and mostly consist of adding Lyon County and Lyon County specific providers and removing Woodbury County along with other minor changes to align with current practices. John Parmeter said that he would entertain a motion to recommend the Director of DHS approve the amended policies and procedures. Tom Bouska so moved and Richard Whitaker seconded the motion. The motion to approve recommending to the Director of DHS to approve Sioux Rivers MHDS amended policies and procedures passed unanimously.

Obsolete Rule Package – Rick Shults

Rick Shults said he was bringing back the obsolete rule package the Commission had approved to be noticed in April for adoption. The rules that were removed were made obsolete by changes in law and are no longer needed. Rick said there weren't any public comments made on the rule package and it is the same package the Commission approved for notice. Russell Wood made a motion to approve the proposed rules package for adoption. Richard Whitaker seconded the motion. The motion to adopt the Obsolete Rule Package passed unanimously.

Commission Representative on the Children's Behavioral Health System State Board

John Parmeter said that he was notified by the Governor's Office that they considered the new Children's Board to be separate from the previous Board established by Executive Order and will be going through a new process of designating members. John said that the Board is now split between Governor appointed members and designated by official status members. The MHDS Commission representative is not a Governor appointed member and the Commission will need to decide who to have as their representative on the new Board.

John turned the floor over to Kathy Johnson, Vice Chair, since John is the current representative on the Children's Board. Geoff Lauer made a motion for John to continue representing the MHDS Commission on the Children's Board and Tom Broeker seconded the motion. The motion passed unanimously for John to continue representing the MHDS Commission on the Children's Board.

Discussion on the Cost Increase Letter – Tom Broeker

Tom Broeker presented the Commission a draft of the cost increase letter. There was discussion about if the 1.2 million appropriated to reduce the Children's Mental Health Waiver waitlist will eliminate the waitlist. Rick Shults said the appropriation was based on the number of children on the waitlist as of December and there have been children added to the list which will be more difficult to address.

There was discussion about workforce shortage and how it is more than just a shortage of psychiatrists. The Commission discussed workforce incentives like loan forgiveness for other areas of the workforce and specifically those working for agencies who primarily serve individuals on Medicaid.

There was discussion on the mental health levy and if the cost increase letter goes far enough with their recommendation. There was discussion on recommending removing the cap altogether and discussion on how making that recommendation could alienate some law makers because it's their job to figure out how to carry out the recommendation.

Tom said he would make changes to the letter and bring it back to the next Commission for a vote. The letter must be voted on at the August meeting in order to make it to the DHS Director to have a meaningful impact.

MHDS Update – Rick Shults

Rick said that he has been asked to postpone his retirement and is happy to continue supporting MHDS in Iowa. Rick said he agreed to leave his retirement date open ended to see how the transition goes. Rick said that Gerd Clabaugh is the interim director and continue to be the director of IDPH.

Rick gave an update on the Children's Board and said that DHS will be consulting with the Children's Board for rules related to the children's behavioral health system. Rick said the details haven't been worked out yet on how that will work but the rules process will be different than it currently is because there needs to be meaningful consultation with the Board. Rick said that some of the Board's subcommittees have continued to meet with the intention that whatever work they complete will get passed on to the new Board and the Board will consider what to do next with the subcommittees.

Rick gave an update on the screening panel which was formed using a grant from Mid Iowa Health Foundation. Rick said the facilitator is doing an excellent job at looking at what is currently going on in Iowa today and what is already a part of the system and where we can build on what is already happening.

There was discussion on how the children's behavioral health system will fit with Family First legislation. Rick said that MHDS is working closely with child welfare which is a benefit of being in the same department. There was discussion on the list of evidence based practices providers will need to be trained in and child welfare is still establishing a list of what is effective and what can implemented. Rick said that MHDS will be flexible with providers who want to change their focus as the list is established.

There was discussion on the Chapter 25 rules package. The Committee comprised of Commission members and CEOs will review and provide input on the package before the rules go to the Children's Board for consultation and to the Commission for notice. There was discussion on the regions responsibility to fund and their responsibility to develop and provide access to services. There was discussion on the numbers represented in the fiscal note for HF690. Jess Benson from LSA sent additional clarification that is summarized in an attachment to the minutes. Rick said that along with changes to Chapter 25 there will also be changes to Chapter 1 that will go through the DHS Council not through the Commission since they are related to DHS structure.

Rick said Your Life Iowa had a soft start on July 1 as the statewide crisis line. Rick said it happened with blended funds from DHS and IPDH along with additional appropriation from legislature to add children. There was discussion on rolling over the regional crisis lines to Your Life Iowa and how it may look different for each region. Warmline is being included in the transition plan.

Rick said Project Recovery Iowa which is the disaster relief program in Western Iowa continues and DHS is applying for all available federal funds. Rick said Director Clabaugh was critical in bringing department heads together and making sure departments are sharing knowledge which educated him a lot on what's going on with outreach and crisis services.

There was discussion on changes to the state plan related to IHH and IME is looking at this fall for the state plan amendment going to CMS. Rick said he is not aware of a fundamental change in IHH. There was discussion on the importance of quality data analytics to providers which they have not received from the MCOs.

There was discussion on habilitation services in Iowa and the number of agencies who have decreased the number of people they serve on habilitation or no longer providing habilitation services due to the low rate.

There was discussion on how things have been going since TotalCare started on July 1 and how there hasn't been enough time for agencies to know how things will go with claims and billing.

Public Comment

None

The Commission broke for committee work at 11:15 am and reconvened at 12:00 pm.

Planning for Future Meetings

The Commission requested presentations on the strategic roadmap for Enterprise Data and Business Intelligence, Marissa to come back to present for IME, centralized data base, value based contracting, and funding options for mental health services.

The meeting adjourned at 12:07 pm.

Minutes respectfully submitted by Julie Maas.

HF690 Fiscal Note:

Jess Benson from Legislative Services Agency provided the following information:

The numbers in the HF690 fiscal note are correct, but the assumption is not. It should say that the regions will pay for children with insurance and the uninsured and be reimbursed for the Medicaid children. The other thing that wasn't in the fiscal note is it assumes a ramp up period where it won't be fully implemented until January 2021. Below are the corrected assumptions and ramp up period.

Mobile Crisis Response

- Based on information provided by the East Central Iowa MH/DS region, 0.2% of all children in the region use mobile crisis response per year. This estimate is extrapolated across all MH/DS regions.
- The cost per episode of care is \$1,231.
- The total number of children in Iowa is 731,947.
- Private insurance does not cover mobile crisis response services. Medicaid will cover 41.0% of children. The remaining 3.0% of uninsured children and 56.0% of children covered by private insurance will be paid for by the MH/DS regions.
- The Medicaid match rate is 60.88% federal and 39.12% State.

Month	% of Total
Jul-19	40.0%
Aug-19	40.0%
Sep-19	40.0%
Oct-19	50.0%
Nov-19	50.0%
Dec-19	50.0%
Jan-20	60.0%
Feb-20	60.0%
Mar-20	60.0%
Apr-20	70.0%
May-20	70.0%
Jun-20	70.0%
Jul-20	80.0%
Aug-20	80.0%
Sep-20	80.0%
Oct-20	90.0%
Nov-20	90.0%
Dec-20	90.0%
Jan-21	100.0%
Feb-21	100.0%

Mar-21	100.0%
Apr-21	100.0%
May-21	100.0%
Jun-21	100.0%